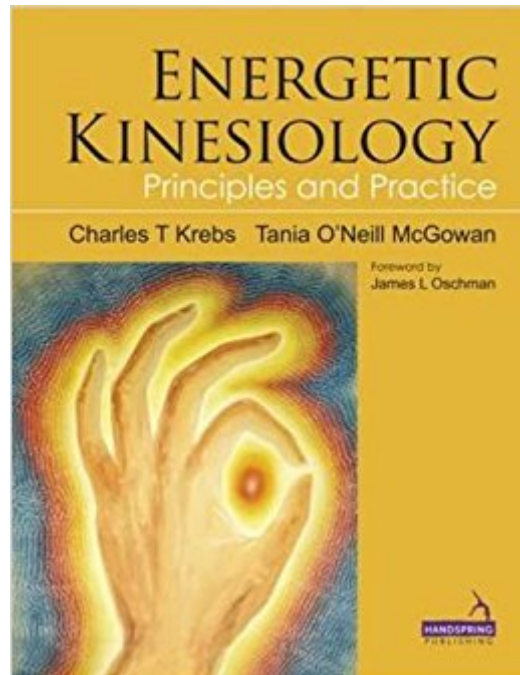




The book was found

# Energetic Kinesiology



## Synopsis

This comprehensive, fully referenced text aims to provide a foundation statement on energetic kinesiology in order to bring greater coherence to both its theory and practice.

## Book Information

Paperback: 360 pages

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Average Customer Review: 4.2 out of 5 stars 8 customer reviews

Best Sellers Rank: #501,056 in Books (See Top 100 in Books) #41 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Osteopathy #56 in Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Chiropractic #68 in Books > Medical Books > Medicine > Internal Medicine > Osteopathy

## Customer Reviews

it's a wonderful explanation of human's functions! Thanks to Charles Krebs and Tania O'Neill McGowan.

Details are amazing

This book is an academic exposition of the strengths and weaknesses of both Applied Kinesiology Vs Energetic Kinesiology. It carefully dissects and discusses the underlying assumptions and explains practical approaches in the context of published research. This book is not for the therapist who simply wants to push on a muscle in a given position and direction to determine if it is strong or weak. It moves the entire field from a follow a formula approach to a deep understanding of the complexities of the subconscious nervous system, conscious control of the nervous system, detailed muscle and proprioceptive physiology, therapist/client interaction, and the interaction of all these parameters. This is a well written and well researched book.

I have a PhD in neuroscience and work full time in the field and have since obtaining my PhD in

2009. Here is some information I found when researching the credibility of Charles work. Charles has a university degree in marine biology. He developed the LEAP (Learning Enhanced Acupressure Programme). He states that through LEAP he can use acupressure to synchronise activity across brain regions to enhanced learning. He has referenced the 1991 work of Utt R, Physiology Acupressure Formatting for Brain Physiology from Applied Physiology Publishing, as his reference for the use of biofeedback in muscles to map brain activity. However, this document is nowhere to be found on any scientific database and Applied Physiology Publishing doesn't exist. The research conducted by Charles or his associates concerning the validity of LEAP has never been published in a credible scientific journal. Instead all I could find were documents put up on the web without any peer review. For those that don't work in science, this means that his work has not been evaluated and deemed sound by the wider scientific community. There is no scientific proof that they work. Why do we see rave reviews on his work then? Because he is using acupressure which has been scientifically proven to reduce the release of stress hormones. Reduce stress and you will see improvements in nearly every aspect of cognition, health, and overall wellbeing. There is no scientific evidence that he is using a technique that can synchronize brain activity across regions to enhance learning. Please if you have any evidence to the contrary please link it here- I would be interested in seeing it.

Charles Krebs is a genius and a sincerely nice and humble man. I met him once and was very impressed. As a practicing kinesiologist I find this book amazing and invaluable for its depth and scholarly approach. Dr. Krebs is a real scientist. His personal story is fascinating as told in his other book, A Revolutionary Way of Thinking.

The 2014 release of the book ENERGETIC KINESIOLOGY by Charles Krebs and Tania O'Neil McGowan is a milestone event in the evolution of SPECIALIZED or ENERGY KINESIOLOGY. This book summarizes many of the foundational tools of the modality, in the same way at more fundamental level the TOUCH FOR HEALTH, THE COMPLETE EDITION by John and Matthew Thie does.

This is a great reference book. Parts of it get very technical, but that is a much needed addition to this field.

Wow! So many things that were previously confusing are clarified here. The author is truly one of

the giants in the field. A must have book.

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Energetic Kinesiology Clinical Kinesiology and Anatomy (Clinical Kinesiology for Physical Therapist Assistants) Brunnstrom's Clinical Kinesiology (Clinical Kinesiology (Brunnstrom's)) Age in Reverse: Look And Feel Younger, Be More Energetic, And Have Better Memory - Live A Long And Healthy Life Don't just sit there!: Get started with seniors Pilates if you want to feel young, energetic and free of pain The Subtle Body: An Encyclopedia of Your Energetic Anatomy The Subtle Body Coloring Book: Learn Energetic Anatomy--from the Chakras to the Meridians and More Yoga of the Subtle Body: A Guide to the Physical and Energetic Anatomy of Yoga An Energetic Approach to Oncology (Chinese Medical Qigong Therapy, Volume 5) The Scotch Gambit: An Energetic and Aggressive System for White Verdi With a Vengeance: An Energetic Guide to the Life and Complete Works of the King of Opera Energetic Materials: Advanced Processing Technologies for Next-Generation Materials How to Communicate with Your Spirit Guides: Connecting with Your Energetic Allies for Guidance and Healing Being Human: An Entheological Guide to God, Evolution, and the Fractal Energetic Nature of Reality Raising Your Spirited Child, Third Edition: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, and Energetic How to Heal Psoriasis From The Inside Out: An Energetic Perspective Kinesiology: The Skeletal System and Muscle Function, 2e Kinesiology Taping for Rehab and Injury Prevention: An Easy, At-Home Guide for Overcoming Common Strains, Pains and Conditions Dance Kinesiology, Second Edition Kinesiology Taping The Essential Step-By-Step Guide: Taping for Sports, Fitness and Daily Life - 160 Conditions and Ailments

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